30 days.
The new benchmark.
Already in production.

A one-page brief on the AHA / Joint Commission Cyber Resilience Readiness program and the continuity layer that closes the gap it names.

30 DAYS	67%	$1.8B	48 HOURS
New planning benchmark for cyber outages, per the AHA / Joint Commission.	US healthcare orgs hit by ransomware in 2024, nearly double 2021.	Single-system fiscal-year operating loss (Ascension FY24).	Of avoided downtime recovers a multi-year Spare Tire contract.

WHAT THE CRR ASKS	WHAT SPARE TIRE DOES
01. Maintain safe patient care during cyber disruptions.	Full read-write clinical workflow on web and mobile, ready in under a minute. Clinicians document, place orders, verify medications, and manage beds without interruption.
02. Coordinate clinical, operational, and leadership response during downtime.	Runs in parallel with the primary EHR on a separate cloud with separate credentials. Already live when downtime starts. Lateral movement has nowhere to go.
03. Prepare staff to function effectively during a significant cyber incident.	No clinician change of behavior required. Familiar workflows, same data, web and mobile access on IT-cleared devices. Minimal training. Log in and keep working.
04. Identify and mitigate risks that pose a threat to clinical continuity.	CyberVault validates incoming records against ransomware signatures before sync-back to the primary EHR. Closes the contaminated-restore failure mode structurally.

ANALYST RECORD

Epic, Oracle Cerner, and MEDITECH have each recommended Spare Tire to customers on the analyst record. EHR-agnostic by design, integrating via standard HL7 APIs with any HL7-capable EHR.

WHAT 30 DAYS HAS COST IN THE FIELD

ORGANIZATION	DATE	DOWNTIME	DISCLOSED COST	PER-DAY BURN
Universal Health Services	2020	**3 weeks**	$67M loss	**~$3.5M/day**
CommonSpirit Health	2022	**38 days**	$160M cost	**~$4.2M/day**
Change Healthcare	2024	**Weeks**	$2.9B+ ecosystem	**94% of US hospitals**
Ascension Health	2024	**~6 weeks**	$1.8B FY24 loss	**~$48M/day**

Sources: SEC filings, FY earnings disclosures, AHA hospital survey March 2024. Per-day burn derived from disclosed cost divided by downtime window.

THE PAYBACK CALCULATION

ANNUAL SPARE TIRE CONTRACT

Community hospital: less than four hours of one day of EHR downtime.

Mid-size health system: less than one hour of one day.

PAYBACK ON A SINGLE EVENT

Multi-year contract value recovered in the first **48 hours** of avoided downtime.

WHAT THE EXISTING STACK MISSES

DIMENSION	DISASTER RECOVERY	ZERO-DOWNTIME CONTINUITY
Measures	Time to recovery	**Whether operations stopped**
Operating state	Activated when systems fail	**Live before systems fail**
Time to clinical access	Hours to days	**Seconds**
At the bedside	Care paused while IT worked	**Care continued**

WHAT TO DO NEXT

01. Take the free CRR self-assessment. 35–45 minutes. Joint Commission website.

02. Book a 30-minute working session with our team. We map your EHR, your last downtime event, and the financial impact of preventing the next one.

03. Read the white paper. Thirty Days on the Balance Sheet. Full math, all sources.